

Colombia,  
the only risk  
is wanting  
to stay.

National  
Natural  
Parks  
of Colombia



It is just fine to travel across space and go back in time for a meeting with nature. However, it is much better to find a range that extends from beaches to the snowy mountains, with tropical forests, deserts, and jungles in between – and all in just one country.

That is exactly what you will find when you venture into the National Natural Parks of Colombia, a country where you can literally find everything and a bit more: the hues of the Caribbean Sea, the pure white that crowns the Andes, the green spectrum of Amazonia, the wilderness of the Orinoco region, and the depth of the Pacific Ocean. And all the above, accompanied by the millenary heritage of Pre-Hispanic cultures whose members still inhabit certain territories.

By simply entering these sanctuaries of cultural and ecological diversity, perfect sites for educational, recreational, cultural and ecological activities aimed at the appreciation and care of the environment, you will be running a risk: **The risk of wanting to stay.**

## Coastal and underwater areas

We recommend  
the following:

- Do not gather shells or corals.
- Do not snorkel near the corals.
- Follow all diving rules and never dive alone.
- Do not try to solve any problem under the water.
- Be careful to follow the diving rules for emerging.
- Use a guide or group leader.

Ecohabits / Parque Tayrona



Humpback whales, Pacific Ocean

Nuquí, on the Pacific Ocean



The sea of seven colors  
San Andrés, Providencia y Santa Catalina





Victoria Regia Park, Amazonía



Amacayacu Park, Amazonía



Nuquí, on the Pacific Ocean

# Jungle areas

We recommend  
the following:

- Get a yellow fever vaccination at least ten days before your trip.
- Remember that gathering animal or vegetable material is not allowed.
- Take binoculars.
- Never go out or explore alone.
- Do not light bonfires.

# Páramo and snow peak areas

We recommend  
the following:

- Being in good physical shape.
- Equipment for high mountain camping (tent, thermal clothing, gloves, ski mask, flashlight, sunscreen, among others).
- If rock or snow climbing, the necessary equipment (stakes, screws, ropes, harnesses, helmets, etc.).
- Adapt to climate before engaging in any activity.
- Minors and seniors should always be accompanied.
- The observance of these recommendations may help to avoid altitude sickness, edema, hypothermia, mountain blindness, and sunburn.

Nevarado del Ruiz / Café Triangle





	Trekking	Swimming	Natural activities	Camping	Photography	Mountain visit	Diving	White watching	Mountain climbing	Horserack riding	Cultural contact	Interpretation center visit	Crossing	Hiking	Bird watching	Butterfly watching	Snapping area	Ice wall track climbing	Observation of wild fauna	Observation of flora	Observation of rock paintings	Cave exploration	Spells fishing
Tayrona <b>NNP</b>	✓		✓		✓																		
Gorgona <b>NNP</b>	✓	✓			✓		✓	✓															
Los Nevados <b>NNP</b>				✓	✓																		
Conales del Rosario <b>NNP</b>		✓	✓				✓			✓													
Amacayacu <b>NNP</b>	✓									✓			✓										
El Cocuy <b>NNP</b>				✓																			
Old Providence <b>NNP</b>		✓	✓				✓																
El Tupero <b>NNP</b>					✓																		
Utiña <b>NNP</b>	✓	✓																					
Chingaza <b>NNP</b>	✓				✓																		
Los Estoraques <b>UNA</b>	✓				✓																		
Malpelo <b>FFS</b>							✓																
Otún-Quimbaya <b>FFS</b>	✓				✓																		
Iguaque <b>FFS</b>	✓			✓																			
Isla Salamanca <b>PW</b>	✓				✓																		
Mecuirá <b>NNP</b>	✓																						
Los Flamencos <b>FFS</b>					✓					✓	✓			✓									✓

**UNA** Unique Natural Area  
**NNP** National Natural Reserve  
**FFS** Fauna and Flora Sanctuary  
**PW** Parkway  
**NNP** National Natural Park

**CONTACTS FOR VISITOR RELATIONS AND RESERVATIONS OFFICE**

Unidad de Parques Nacionales Naturales de Colombia, Carrera 10 # 20-30  
 Phones: (571) 243 3095, (571) 243 1634 / Direct phone line: (571) 243 2009  
 Bogotá, Colombia  
[ecoturismo@parquesnacionales.gov.co](mailto:ecoturismo@parquesnacionales.gov.co)  
[www.parquesnacionales.gov.co](http://www.parquesnacionales.gov.co)



**SHAUN CLOHESY (Australia)**

"Eight years ago, I took off in search of adventure to Asia, Europe, and South America... and when I reached Colombia, I discovered something quite different... Tranquility full of small mysteries... always a landscape, a waterfall, and a pretty village... and always a new and fantastic adventure... In other places, I was only one more tourist, but here, every Colombian wants to talk to you, they want to show you the country they love with passion.. and this 3-year adventure called Santander... the adventure of my life".

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# National Natural Parks of Colombia



## Caribbean Region

1. Sierra Nevada de Santa Marta National Natural Park
2. Tayrona National Natural Park
3. Macuira National Natural Park
4. Isla de Salamanca Parkway
5. Corales del Rosario y San Bernardo National Natural Park
6. Old Providence McBean Lagoon National Natural Park
7. Los Flamencos Fauna and Flora Sanctuary

## Andean Region

8. Chingaza National Natural Park
9. Los Nevados National Natural Park
10. El Cocuy National Natural Park
11. Iguaque Fauna and Flora Sanctuary
12. Otún Quimbaya Fauna and Flora Sanctuary

## Pacific Region

13. Gorgona National Natural Park
14. Utría National Natural Park
15. Malpelo Fauna and Flora Sanctuary

## Amazonía and Orinoquía Region

16. Amacayacu National Natural Park

## General recommendations

- Respect the signs.
- Wear appropriate clothing and use sunscreen.
- Carry food and beverages in non-disposable containers.
- Follow the recommendations of the guides and inhabitants of the region.
- Use only authorized paths.
- Do not use sprays.
- Do not buy wild animals.
- Dispose of trash properly.
- Respect the local population.

# Activities and infrastructure

## **Tayrona NNP**

### Lodging infrastructure:

Ecohabs (cabins) for 2 to 4 people in Cañaveral. In Arrecifes, ecohabs lodge six visitors. Both areas provide camping sites.

## **Gorgona NPP**

### Lodging infrastructure:

Rooms for 4 to 8 people, guesthouse, auditorium, interpretation center.

## **Los Nevados NNP**

### Lodging infrastructure:

El Cisne Visitor Center, with accommodation in bunk beds. Camping sites in three different areas of the park.

## **Corales del Rosario NNP**

### Lodging infrastructure:

There is an eco-hotel in Barú, the insular section of the park. It is operated by the women of the island.

## **Amacayacu NNP**

### Lodging infrastructure:

The Yewae Visitor Center can accommodate up to 45 people in its three modules (Huito, Capirona, and Asahi).

## **El Cocuy NNP**

### Lodging infrastructure:

Camping in the homes of peasants and guides.

## **Old Providence McBean Lagoon NNP**

### Lodging infrastructure:

Members of the community offer lodging, food, and beverages.

## **Chingaza NNP**

### Lodging infrastructure:

It offers a cozy infrastructure for visitors, with well-equipped rooms for up to ten people. There is a modern camping area with parking and independent lighting for each tent.

## **Macuira NNP**

### Lodging infrastructure:

The Nazareth jurisdiction offers food, lodging, and tourist guides. The Wayúu Indian rancherías (villages) offer lodging and food, the cost depending on guest requests (camping, provision of hammocks, and preparation of typical food).

## **Utría NNP**

### Lodging infrastructure:

It has a support infrastructure for visitors.

## **Otún Quimbaya FFS**

### Lodging infrastructure:

An old coffee hacienda house with comfortable refurbished rooms, in a culturally rich and biodiverse environment.

## **Iguaque FFS**

### Lodging infrastructure:

Furachiougua Visitor Center, 47 people in rooms for six, seven, or eight people. Camping site.

## **Isla de Salamanca PW**

### Lodging infrastructure:

The closest city is Barranquilla, with all the necessary support for Salamanca.

## **Malpelo FFS**

### Lodging infrastructure:

The load capacity of the island is minimal, and has no lodging infrastructure for visitors. Lodging is aboard the boats that transport tourists from the continent.

## **Los Flamencos FFS**

### Lodging infrastructure:

Lodging takes place in Los Mangles Visitor Center, which is run by an association of ecotourism workers composed of the region's heads of family. The center has five cabins, with a capacity of four hammocks each, and a kiosk that can hold ten. The camping site can hold six 4-person tents.

# www.colombia.travel



[www.colombiaespasion.com](http://www.colombiaespasion.com)



TOURISM PROMOTION VICEPRESIDENCY  
Carrera 54 No. 68-196, Oficina 301.  
Telephone (575) 360 4000 - Barranquilla, Colombia.

Calle 28 No. 13A-15. Telephone (571) 560 0100.  
Bogotá, Colombia

[www.proexport.com.co](http://www.proexport.com.co)  
[www.turismocolombia.com](http://www.turismocolombia.com)



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